

**COURSE STRUCTURE OF M.A. IN BUDDHISM AND TIBETAN STUDIES,
NAMGYAL INSTITUTE OF TIBETOLOGY, GANGTOK**

The Sikkim University follows the credit system for its Master's Degree Program. MA programme consists of total 64 credits during the span of four semesters of which 4 credits are allocated for dissertations and viva voce. However, the students will not be allowed to earn more than 16 credits in a semester. Student has to attend minimum 75 % classes in each and every course. The Master's Program in Buddhism and Tibetan studies has the following major components: Compulsory courses, Elective courses and one Dissertation.

Scheme of Study:

In order to enable the student to complete Master's Program within the minimum period of two years (or four semesters), a student is allowed to take 64 credits worth of courses (or 16 credits each semester). There are compulsory courses in the first and second semesters. In third semester, student has to opt two core courses (of which one is research methodology) and choose any 2 elective courses while in semester fourth, students has to opt one core course, choose any two elective courses and submit one dissertation (followed by viva voce) which is also core course.

Evaluation:

Each paper is of 100 marks of which 50 marks allocated for **mid semester** or internal assessment (sessionals, term papers, book reviews, articles review, case studies, class tests, research proposal etc.) conducted by the concerned course teacher and **end semester** consists of 50 marks.

Semester-wise Scheme of Study:

Year of Study	Compulsory Courses	Elective Courses	Total courses	Total Credits	Total Marks
Semester – I	4	Nil	4	16	400
Semester – II	4	Nil	4	16	400
Semester – III	2	2	4	16	400
Semester – IV	2	2	4	16	400
Total (two years)	12	4	16	64	1600

Structure of Codified and Unitised MA Syllabus of the Department of Buddhist and Tibetan Studies, Namgyal Institute of Tibetology, Gangtok is presented as follows:

Code	Course	Core/ Elective	Credits	Marks
M.A. : Semester I (all core papers)				
BTS-PG-C101	Madhyamakavatara by Chandrakirti - Part	Core	4	100

	1			
BTS-PG-C102	Abhidharmakosa by Vasubandhu- Part 1	Core	4	100
BTS-PG-C103	Buddhist Pramana	Core	4	100
BTS-PG-C104	Tibetan Language- Part 1 (Grammar, Orthography and Reading)	Core	4	100
M.A. : Semester II (all core papers)				
BTS-PG-C201	Madhyamakavatara by Chandrakirti - Part 2	Core	4	100
BTS-PG-C202	Abhidharmakosa by Vasubandhu - Part 2	Core	4	100
BTS-PG-C203	Pramanvartika by Dharmakirti	Core	4	100
BTS-PG-C204	Tibetan Language - Part 2 (Grammar, Orthography and Reading)	Core	4	100
M.A. : Semester III (two core and any two elective papers)				
BTS-PG-C301	Research Methodology	Core	4	100
BTS-PG-C302	Bodhicharyavatara and PrajnaparamitaHridaya Sutra	Core	4	100
BTS-PG-E303	Abhidharmakosa by Vasubandhu	Elective	4	100
BTS-PG-E304	History of Buddhism in Sri Lanka, Myanmar, Thailand, Japan, Korea and China	Elective	4	100
BTS-PG-E305	A brief Survey of Southeast Asian Arts	Elective	4	100
BTS-PG-E306	History of Buddhism and Culture of Sikkim	Elective	4	100
BTS-PG-E307	History of Buddhist Art	Elective	4	100
BTS-PG-E308	Buddhism and Contemporary Issues - Part 1 (Socially Engaged Buddhism)	Elective	4	100
M.A. : Semester IV (two core and any two elective papers)				
BTS-PG-D401	Dissertation	Core	4	100
BTS-PG-C402	Sutralankara and Uttarantra	Core	4	100
BTS-PG-E403	Mulamadhyamikakarika by Nagarjuna	Elective	4	100
BTS-PG-E404	Abhidharmakosa by Vasubandhu	Elective	4	100
BTS-PG-E405	History of Buddhism in Tibet	Elective	4	100
BTS-PG-E406	An introduction to the Central Asian art: wall paintings and stucco images	Elective	4	100
BTS-PG-E407	Buddhism and Contemporary Issues - Part 2 (Contemporary Issues)	Elective	4	100
BTS-PG-E408	History of Buddhism and Culture of Lahul-Spiti, Kinnuar and Arunachal Pradesh	Elective	4	100
BTS-PG-E409	Life and Time of Shakyamuni Buddha (624-543 BC)	Elective	4	100
BTS denotes Buddhism and Tibetan Studies; C denotes Core or Compulsory, E denotes Elective; D denotes Dissertation.				

Detail of Syllabus is presented below:

BTS-PG–C101 :MADHYAMAKAVATARA BY CHANDRAKIRTI - PART 1

Unit 1: Generosity

Unit 2: Morality

Unit 3: Patience, Perseverance and Meditative Concentration

Unit 4: Wisdom (Verses 1-22)

Unit 5: Refuting Production from others, Chapter 6, Stanza 23-44

Unit 6: Production from others, specifically Cittamatra's view, Chapter 6, Stanza 45-71

Text Book:Madhyamakavatara by Chandrakirti's English Translation:

Huntington, C. W. (1989). The Emptiness of Emptiness. University of Hawaii Press

Suggested Readings:

Geshe Rabten (translator, commentator) Stephen Batchelor (translator, editor) (1983). Echoes of Voidness, London : Wisdom Publications

Padmakara Translation Group (2002). Introduction to the Middle Way (Candrakirti's Madhyamakāvātāra with Mipham Rinpoche's Commentary). Shambhala Publications

Introduction to the Middle Way: Chandrakirti's Madhyamakavatara with commentary by Dzongsar Jamyang Khyentse Rinpoche, edited by Alex Trisoglio, Khyentse Foundation, 2003

BTS-PG–C102: ABHIDHARMAKOSA BY VASUBANDHU - PART 1

Chapter 1 - Abhidharmakosa by Vasubandhu

Unit 1: 1-6 Verses – Introduction to Abhidharma

Unit 2: 7-17 Verses – Elements Part – I

Unit 3: 18-33 Verses – Elements Part – II

Unit 4: 34-48 Verses – Elements Part – III

Chapter 2 - Mind and Mental Factors

Unit 1: Mind and Mental Factors Part – I (Verses 23 - 72)

Chapter 3 - Dependent Origination

Unit 3: Dependent Origination (Verses 18 - 44)

Text Book:Abhidharmakosa-bhasya by Vasubandhu's English Translation:

Pruden, Leo M. (1991), Abhidharmakosabhasyam, translated from the French translation by Louis de la Vallée Poussin, Asian Humanities Press, Berkeley 1990 (4 Vols)

Suggested Readings:

Vasubandhu; Lodrö Sangpo (2012). Abhidharmakosa-Bhasya of Vasubandhu: The Treasury of the Abhidharma and Its Commentary (4 vols). Motilal Banarsidass Publishers. (Translated into English from the French translation of Louis de La Vallé Poussin, L'Abhidharmakośa de Vasubandhu, Institut belge des hautes études chinoises, Bruxelles, 1971)

Yasomitra (6th c. CE), sub-commentary on the Abhidharmakosabhasya, the Sputarth-abhidharmakosa-vyakhya. (Tibetan)

The First Dalai Lama, Gyalwa Gendun Drup's (1391-1474) commentary titled *Illumination of the Path to Freedom*. (Tibetan)

MikyöDorje, 8th Karmapa's (1507-1554) commentary on Abhidharmakosa. (Tibetan)

Chosmngon pa mdzodkyi 'grel pa mngonpa 'irgyan (Tibetan)

BTS-PG–C103: BUDDHIST PRAMANA

Unit 1: Examination of Object

Unit 2: Examination of Mind, Universals and Particulars

Unit 3: Examination of establishment and exclusion of others

Unit 4: Examination of Language and Content

Unit 5: Examination of Relation

Unit 6: Examination of Contradiction

Unit 7: Probandum : Pointing the Way to Reasoning

Unit 8: False Reasoning

Unit 9: Correct Reasoning

Text Book: Dunne, John D., 2004, *Foundations of Dharmakīrti's Philosophy* (Studies in Indian and Tibetan Buddhism), Cambridge MA: Wisdom Publications.

Suggested Reading:

Debate in Tibetan Buddhism by Daniel E. Perdue, Shambala Publications, 1992

Khedrup Je - Ocean of Reasoning (Commentary on 1-93 Verses) Tibetan

Gyaltsab Je - Elucidation of the Path to Liberation (Commentary on 1-93 Verses)

JuMipham Rinpoche's commentary (Commentary on 1-93 Verses) Tibetan

7th Karmapa ChodrakGyatso's commentary (Commentary on 1-93 Verses) Tibetan

rigs lam sgobrgya 'byedpai 'phrulgyildemig dang pobzhugs so// DrepungLoseling Library Society, 1999 (Tibetan)

BTS-PG–C104: TIBETAN LANGUAGE - PART 1 (GRAMMAR, ORTHOGRAPHY AND READING)

Unit 1 Grammar

ལྷོ་ཚན་དང་པོ་བཅུ་གྲུབ། ༣༠

བརྗོད་བྱ་སྐྱུར་བྱ་ཡི་གེའི་རྣམ་གཞག་དང་རྣམ་དབྱེ་དང་པོ་སྐར་བསྐྱུ་དང་བཅས་པའོ།།

ལྷོ་གཏེག་ལེགས་བཤད་ལྷོ་ན་དབང་དང་དཀའ་གནད་གསལ་བའི་མེ་ལོང།

ཚུལ་པ་པོ་དབྱུངས་ཅན་གྱུ་བའི་རྗེ་རྗེ།

Unit 2 Grammar (Verbal rules)

ལྷོ་ཚན་གཉིས་པ། བྱ་ཚིག་གི་རྣམ་གཞག ༣༠

བརྗོད་བྱ་བྱ་ཚིག་གི་གོ་དོན་དང་བྱ་ཚིག་རིགས་གཉིས་དངོས་པོ་བདག་གཞན་དང་བཅས་པ། ལྷོ་གཏེག་ དཀའ་གནད་གསལ་བའི་མེ་ལོང།

ཚུམ་བོ་དབྱངས་ཅན་གྲུབ་པའི་རྗེ།

Unit 3 Orthography

སྡེ་ཚན་གསུམ་བཤད་ཡིག་ ༡༠
བརྗོད་བྲམ་མིང་ཚིག་གི་དག་སྡེ་བ་དང་གོ་དོན་སོགས།
ལྷོག་དེབ་སློབ་ཚུང་དག་ཡིག་ཀ་སྡེའི་བྱེད་ཀ
ཚུམ་བོ་བོད་ལྗོངས་སློབ་གཞི་ཚུམ་སྐྱར་ཁང་།

Unit 4 Reading

སྡེ་ཚན་བཞི་བཤད་ལོ་སྟོན་གྱི་སྐབས། ༡༠
བརྗོད་བྲམ་སྟོན་མའི་སྐྱེས་རབས།སྐྱེས་ཀྱིས་བོད་བསྐྱོས་པའི་སྐྱེད་ཀ
ཟིག་བཤ་གྲོན་པའི་བོད་བྲམ།
ལྷོག་དེབ་མདོ་དང་།ས་སྐྱེ་ལེགས་བཤད་འགྲེལ་བ་སོགས།
ཚུམ་བོ་སྟོན་བ་སངས་རྒྱལ་དང་དབང་པོ་ལོ་སྟོན།

BTS-PG–C201 :MADHYAMAKAVATARA BY CHANDRAKIRTI - PART 2

Selflessness of Person

Unit 1: Refuting Production from others specifically Chittamatras view, Chapter 6, Stanza 72-119

Unit 2: Refuting Self as distinct from the aggregates: Chapter 6, Stanza 120-149

Unit 3: Positing the self to be merely designated: Chapter 6, Stanza 150-164

Unit 4: Refuting the Selfhood of “Mine” : Chapter 6, Stanza 165-226

Text Book: Madhyamakavatara- Auto-commentary by Chandrakirti’s English Translation:
Huntington, C. W. (1989). *The Emptiness of Emptiness*. University of Hawaii Press

Suggested Readings:

Geshe Rabten (translator, commentator) Stephen Batchelor (translator, editor) (1983). *Echoes of Voidness*, London : Wisdom Publications

Padmakara Translation Group (2002). *Introduction to the Middle Way* (Chandrakirti's Madhyamakāvātāra with Mipham Rinpoche's Commentary). Shambhala

Introduction to the Middle Way: Chandrakirti's Madhyamakavatara with commentary by Dzongsar Jamyang Khyentse Rinpoche, edited by Alex Trisoglio, Khyentse Foundation, 2003

BTS-PG–C202 :ABHIDHARMAKOSA BY VASUBANDHU - PART 2

Chapter 4 - Theory of Karma

Unit 1 : Theory of Karma (1-46 Verses)

Chapter 5 – Afflictions

Unit 1 : Afflictions (1-22 Verses)

Chapter 6 – Puddgal and Path

Unit 1 :Puddgal and Path (1-45 Verses)

Text Book: Abhidharmakosa Auto-commentary by Vasubandhu's English Translation:

Pruden, Leo M. (1991), Abhidharmakosabhasya, translated from the French translation by Louis de la Vallée Poussin, Asian Humanities Press, Berkeley.

Suggested Readings:

Vasubandhu; LodröSangpo (2012). Abhidharmakosa-Bhasya of Vasubandhu: The Treasury of the Abhidharma and Its Commentary (4 vols). Motilal Banarsidass Publishers. (Translated into English from the French translation of Louis de La Vallée Poussin, L'Abhidharmakośa de Vasubandhu, Institutbelge des hautes études chinoises, Bruxelles, 1971)

Yasomitra (6th c. CE), sub-commentary on the Abhidharmakosabhasya, the Sputarth-abhidharmakosa-vyakhya. (Tibetan)

The First Dalai Lama, GyalwaGendunDrup's (1391-1474) commentary titled *Illumination of the Path to Freedom*. (Tibetan)

MikyöDorje, 8th Karmapa's (1507-1554) commentary on Abhidharmakosa. (Tibetan)

Chosmngon pa mdzodkyi 'grel pa mngonpa'irgyan (Tibetan)

BTS-PG–C203 :PRAMANVARTIKA BY DHARMAKIRTI

Unit 1 : Chapter 2 – Pramanasiddhi

Text Book:Pramanasiddhi chapter-- from Pramanvartik by Dharmakirti's English Translation:GesheDorjeDamdul's translation from Tibet House, New Delhi

Jackson, Roger R. ; Is Enlightenment Possible?: Dharmakirti and RgyalTshabRje on Knowledge, Rebirth, No-Self and Liberation, 1993

Suggested Reading:

Dunne, John D., 2004, Foundations of Dharmakīrti's Philosophy (Studies in Indian and Tibetan Buddhism), Cambridge MA: Wisdom Publications

Khedrup Je - Ocean of Reasoning (Commentary on Pramanasiddhi chapter) Tibetan

Gyaltsab Je - Elucidation of the Path to Liberation (Commentary on Pramanasiddhi chapter) Tibetan

Ju Mipham Rinpoche's commentary (Commentary on Pramanasiddhi chapter) Tibetan

7th Karmapa Chodrak Gyatso's commentary (Commentary on Pramanasiddhi chapter) Tibetan

BTS-PG–C204 :TIBETAN LANGUAGE - PART 2 (GRAMMAR, ORTHOGRAPHY AND READING)

Unit 1 Grammar

ལྷོ་ཚན་དང་སོ་བའི་སྒྲིག་པ། ༣༠

བརྗོད་བྱུ་རྣམས་དབྱེ་གཉིས་སྐབས་དེ་ཉིད་ཚེ་སྐབས་དང་བཅས་པ།

Qualitative and Quantitative Analysis
Ethnographic Research
Ethical issues, Processing and Presentation of Data

Unit IV: Preparing an Empirical Research Design
Research Problem, Formulation of Objectives and Hypotheses
Data Collection Methods and Techniques, Sampling
Proposal and Report Writing: Reference and Bibliography
Ethical issues, Processing and Presentation of Data

Selected Readings:

- Banks, Michael and Mitchell Christopher (eds.), *A Handbook on the Analytical Problem-solving Approach*, Institute for Conflict Analysis and Resolution, George Mason University, 1990.
- Blalock, H. N. *An Introduction to Social Research*, Englewood Cliffs NJ, Prentice Hall, 1970.
- Blalock, H.M.(eds.) *Methodology in Social Research*, New York, 1968.
- Bridget, Somekh and Cathy Lewin (2005), *Research Methods in the Social Sciences*, Sage Publication, 2005.
- Creswell, John W. *Research Design: Qualitative, Quantitative, and Mixed Method Approaches*, Sage Publication, 2003.
- De, D. A. Vaus. *Surveys in Social Research, (2nd edn.)*, London, Unwin Hyman, 1991.
- Druckman, Daniel *Doing Research: Methods of Inquiry for Conflict Analysis*, New Delhi, Sage Publications, 2005.
- Galtung, Johan (1969) 'Violence, Peace and Peace Research', *Journal of Peace Research*, vol. 6, no. 3, pp. 167-191, 1969.
- Galtung, Johan (1978) *Peace and Social Structure. Essays in Peace Research*, vol. 111. Copenhagen, Ejlers.
- Holt, Rodert T. and John E. Turner (eds.), *The Methodology of Comparative Research*, New York, 1970.
- Kayrooz, Carole and Chris Trevitt, *Research in Organizations & Communities: Tales from the Real World*, Allen & Unwin, New South Wales, Australia, 2006.

BTS-PG–C302 :BODHICHARYAVATARA AND PRAJNAPARAMITA HRIDAYA SUTRA

Unit 1: 1 to 6 Chapters
Unit 2: 7 & 8 Chapters
Unit 3: 9 & 10 Chapters
Unit 4: Heart Sutra

Text Book:

Bodhicharyavatara by Shantideva's English Translation:
PrajnaparamitaHridaya Sutra's English Translation:

A guide to the Bodhisattva's way of life by Acharya Shantideva; translated into English by Stephen Batchelor. Dharamsala: Library of Tibetan Works & Archives, 1979.

Elaborations on Emptiness, translation of Indian Masters' Commentaries on Heart Sutra, translated by Donald S Lopez, Jr, Princeton University Press, 1998

Suggested readings:

Gyatso, Tenzin, The Fourteenth Dalai Lama (2002). Jinpa, Thupten, ed. Essence of the Heart Sutra: The Dalai Lama's Heart of Wisdom Teachings. English Translation by Geshe Thupten Jinpa. Boston: Wisdom Publications

Dalai Lama, XIV; Padmakara Translation Group (1994), A Flash Lightning in the Dark of Night: Guide to the Bodhisattva's Way of Life (1st ed.), Shambhala

Dalai Lama, XIV; Geshe Thupten Jinpa (trans&ed) (2004), Practicing Wisdom: The Perfection of Shantideva's Bodhisattva Way, Wisdom Publications, U.S

KhenchenKunzangPelden; Padmakara Translation Group (2008), The Nectar of Manjushri's Speech: A Detailed Commentary on Shantideva's Way of the Bodhisattva, Shambhala

Williams, Paul (1997), Altruism and Reality: Studies in the Philosophy of the Bodhicaryavatara, Routledge Curzon Critical Studies in Buddhism, Routledge Curzon

Elaborations on Emptiness - Uses of the Heart Sutra by Donald S Lopez

Nhat Hanh, Thich (1988). *The Heart of Understanding. Berkeley, California: Parallax Press.*

Fox, Douglass (1985). The Heart of Buddhist Wisdom: A Translation of the Heart Sutra with Historical Introduction and Commentary. Lewiston/Queenston Lampeter: The Edwin Mellen Press.

BTS-PG-E303 :ABHIDHARMAKOSA BY VASUBANDHU

Theory of Karma

Unit 1: Puddgal and path (45-78 Verses)

Unit 2: Chapter 7, Wisdom (1-56 Verses)

Text Book: Abhidharmakosa Auto-Commentary by Vasubandhu's English Translation:

Pruden, Leo M. (1991), Abhidharmakosabhasyam, translated from the French translation by Louis de la Vallée Poussin, Asian Humanities Press, Berkeley.

Suggested Readings:

Vasubandhu; Lodrö Sangpo (2012). Abhidharmakosa-Bhasya of Vasubandhu: The Treasury of the Abhidharma and Its Commentary (4 vols). Motilal Banarsidass Publishers. (Translated into English from the French translation of Louis de La Vallé Poussin, L'Abhidharmakośa de Vasubandhu, Institutbelge des hates études chinoises, Bruxelles, 1971)

Yasomitra (6th c. CE), sub-commentary on the Abhidharmakosabhasya, the Sputarth-abhidharmakosa-vyakhya. (Tibetan)

The First Dalai Lama, GyalwaGendunDrup's (1391-1474) commentary titled *Illumination of the Path to Freedom*. (Tibetan)

MikyöDorje, 8th Karmapa's (1507-1554) commentary on Abhidharmakosa. (Tibetan)

Chosmngon pa mdzodkyi 'grel pa mngonpa 'irgyan (Tibetan)

BTS-PG-E304 : HISTORY OF BUDDHISM IN SRI LANKA, MYANMAR, THAILAND, JAPAN, KOREA AND CHINA

Unit 1: History of diffusion of Buddhism in Sri Lanka, Myanmar and Thailand

Unit 2: Monastic life, practices and study curriculum in Sri Lanka, Myanmar, Thailand monasteries and compilation of Pali Tripitaka.

Unit 3: History, practices and monastic life of different sects of Japanese and Chinese Buddhism

Unit 4: Translation, compilation and printing of Chinese and Japanese and Korean Tripitaka.

Recommended Readings:

(to be provided later)

BTS-PG–E305 :A BRIEF SURVEY OF SOUTHEAST ASIAN ARTS

I. Sri Lanka: Sigiriya, Anuradhapura

II. Burma: Stupa architecture

III. Indonesia: Borobudur

IV. Cambodia: Angkor Vat, Angkor Thom, Bayon

V. Thailand: Art of Chiangmai, Ayuthia and sukhodaya

Recommended Readings:

Bodrogi, T.: Art of Indonesia, Connecticut, 1972

Chatterjee, BR: India and Java, Bull, 5.1933

Zimmer. H: The Art of Indian Asia, Leiden, 1955

Frederic, L:The Temples and Sculptures of Southeast Asia, London, 1965

Hall, DGE: A History of Southeast Asia, London, 1955

Rawson. P:The Art of Southeast Asia, London, 1993

Coomaraswamy, AK: History of Indian and Indonesian Art, New York, 1965

Guy, John: The Art of Burma: New Studies, Marg, 1999

Beek,S.V. and L.I. Tettoni : The Arts of Thailand, 1999

snellgrove, Devid : Angkor - Before and After: A Culture History of Khamers

BTS-PG–E306 : HISTORY OF BUDDHISM AND CULTURE OF SIKKIM

Unit I: History of Buddhism in Sikkim, Diffusion of Buddhism in the region

Unit II: Monasteries- their history and religious practices and Study curriculums

Life and works of eminent spiritual Teachers or Lamas

Unit III:Religious Festivals and Social customary ceremonies- Birth,Marriage, Last rites and New Year ceremonies.

Unit IV:Dialect, food and drink habits, dress and ornaments, Songs and

Musical instruments, Agricultural Economy, Handicrafts and Other industries.

Suggested Readings:

The expansion and Institutionalisation of Nang Sok Gong sum tradition in Sikkim and the Fifth Dalai Lama's contribution to the Nyingma order by KhenpoLha Tsering, 2006 (in Tibetan)

In the shadow of the Himalayas Tibet – Bhutan, Nepal, Sikkim. By John Claude White- 1883-1908.

BTS-PG–E307 : HISTORY OF BUDDHIST ART

The origin and evolution of Buddhist art in India

The early Buddhist art in India (Maurya, Sunga)

Kushana- Mathura and Gandhara School

Gupta – Vakataka arts (North central India, North India, Eastern India, Western India, with a special focus on Ajanta, Pitalkhora, Bhaja and Karle)

Pala and Rastrakuta

Kashmir School of art (700-1200A.D)

Suggested Readings:

Brown, P.: Indian architecture: Buddhist and Hindu, Vol. I, 2nd ed., Kolkata: 2010

Bhattacharya, B.: Indian Buddhist Iconography, reprint, Delhi, 2015

Banerjee, J.N.: Development of Hindu Iconography, 3rd rev ed., Delhi, 1956

Huntington, Susan, L.: The Art of Ancient India, 2nd ed., New York, 2016

Rowland, B.: The art and architecture of India, London, 1959

Gupta, S.P, and Asthana, S.P: Elements of Indian Art, 2nd ed., 2006

Mitchell, George: The Penguin Guide to the Monuments of India, Vol. I, London, 1989

Mitra, D.: Buddhist Monuments, Calcutta, 1971

Singh, A.K.: Trans Himalayan Wall Painting, New Delhi, 1985

Singh, A. K.: An Aesthetic Voyage of Indo Tibetan painting: Alchi and Tabo, Varanasi, 2007

BTS-PG–E308 : BUDDHISM AND CONTEMPORARY ISSUES - PART 1 (SOCIALY ENGAGED BUDDHISM)

Unit I: Definition and Relevance

Unit II: B.R. Ambedkar and Dalai Lama as Socially Engaged Buddhists

Unit III: A.T. Aryaratana and his Sarvodayā Śramadāna

Unit IV: Sulak Sivaraksa

Unit V: Thich Nhat Hahn

Suggested Readings:

Jones, K. *The Social Face of Buddhism: an Approach to Political and Social Activism*, London: Wisdom Publications, 1989.

Macy, J. *Dharma and Development: Religion as Resource in the Sarvodaya Self-help Movement*, West Hartford, Connecticut: Kumarian Press, 1983.

L.P.N. Perera, *Buddhism and Human Rights*, Colombo, 1991.

Singer, P. *Animal Liberation*, Harper Perennial, 2001.

Batchler, M. & K. Brown (eds). *Buddhism and Ecology*, London: Cassell, 1992.

Sarao, K.T.S. *Kailash Pilgrimage: The Indian Route*, Delhi: Aryan International Publishers, 2009; *Kailāśa Tīrthayātra*, New Delhi: Vidyanidhi, 2010.

Kotler, Arnold. *Engaged Buddhist Reader*, Berkeley: Parallax Press, 1996.

Omvedt, Gail, *Dalits and the Democratic Revolution: Dr. Ambedkar and the Dalit Movement in Colonial India*, New Delhi: Sage Publications, 1994.

Jondhale, S & Johannes Beltz (eds), *Reconstructing the World: B. R. Ambedkar and Buddhism in India*, Oxford: Oxford University Press, 2004.

Kabat-Zinn, Jon. *Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness; The Program of the Stress Reduction Clinic at the University of Massachusetts Medical Center*, New York: Delta, 1990.

Zadek, S., "The Practice of Buddhist Economics? Another view." *The American Journal of Economics and Sociology*, 52 (4), 1994: 433-445.

Schumacher, F.E. *Small is Beautiful: Economics As if People Mattered*, Blond & Briggs, 1973.

Sarao, K.T.S., and Long, J.D. (eds.), *Encyclopedia of Indian Religions: Buddhism and Jainism*, 2 vols., New York: Springer, 2017.

Inada, Kenneth. "A Buddhist Response to the Nature of Human Rights," Claude E. Welch, Jr., and Virginia A. Leary (eds), *Asian Perspectives on Human Rights*, Boulder, Co.: Westview Press, 1990: 91-103.

Keown, D., *The Nature of Buddhist Ethics*, New York: 1992.

Schmithuasen, L., *Buddhism and Nature: Lecture Delivered on the Occasion of the EXPO 1990: An Enlarged Version with Notes*, Tokyo: The International Institute for Buddhist Studies, 1991.

BTS-PG–D401 : DISSERTATION AND VIVA-VOCE

Dissertation carries four credits. Students are supposed to prepare a synopsis/research proposal of Dissertation by the end of third semester. Department faculty committee will allot a supervisor to each student at the end of third semester. Before making study/ field visit, students need to get approval/confirmation of their Synopsis/Research proposal from the department through a presentation before the Department Research/faculty committee. **The field/study work for the Dissertation can only be carried out during the winter holidays prior to the start of the fourth semester.** Students have to submit the Dissertation to the department one week before fourth semester examination begins. After the evaluation of external examiner (a faculty from within/outside University other than the department), a viva voce will be conducted in the department to finalize grade of the Dissertation. The final grade of the Dissertation will be calculated by taking average of the external and internal examiners' marks.

BTS-PG–C402 : SUTRALANKARA AND UTTARATANTRA

Sutralankara:

Unit 1: Buddha Nature Part I

Unit 2: Buddha Nature Part II

Unit 3: Chapter -5 Generation of Bodhichitta

Unit 4: Chapter -6 Adopting the Teaching

Uttaratantra:

Unit 1: Chapter 1

Text Book: Mahayanasutralankara by Maitreya's English Translation:

Universal Vehicle Discourse Literature (Mahayanasutralankara), Translated by LozangJamspal, Robert Thurman, and the AIBS team; Columbia University Press, 2005

Mahyanauttaratantra by Maitreya's English Translation:

Buddha-Nature, Mahayana Uttarantra Shastra by Arya Maitreya with commentary by Dzongsar Jamyang Khyentse Rinpoche, edited by Alex Trisoglio, Khyentse Foundation, 2007. (A free copy can be requested online at siddharthasintent.org.)

Suggested Readings:

Ornament of the Great Vehicle Sutras, Translated by Dharmachakra Translation Committee, Snow Lion Publications, 2014

Buddha Nature (with Jamgön Kongtrul's commentary) translated by Rosemarie Fuchs, Snow Lion, New York 2000, ISBN 978-1559391283

Uttarantra-shastra (rgyudbla ma), Maitreya – Asanga with commentary by Jamgön Mipham, Padmakara translation group, forthcoming

BTS-PG–E403 :MULAMADHYAMIKAKARIKA BY NAGARJUNA

Unit 1: Chapter 1, Examination of Condition with commentary of Chandrakirti

Unit 2: Chapter 8, Examination of Compounded Phenomena

Unit 3: Chapter 18, Examination of the self and phenomena

Unit 4: Chapter 22, Examination of the Tathagata

Unit 5: Chapter 24, Examination of the Four Noble Truths

Unit 6: Chapter 26, Examination of the Twelve Links of Dependent Arising

Unit 7: Chapter 27, Examination of Views

Text Book: Mulamadhyamikakarika by Nagarjuna - English Translation:

Ocean of Reasoning by RjeTsong Khapa (Author), Jay L. Garfield (Translator), Geshe Ngawang Samten (Translator); Oxford University Press, 2006

Suggested readings:

Garfield, Jay L. (1995), The Fundamental Wisdom of the Middle Way, Oxford: Oxford University Press

Mulamadhyamakakarika of Nagarjuna, translated by Kalupahana, David J. (1991), Delhi: MotilalBanarsidass Publishers Private Limited.

BTS-PG–E404 :ABHIDHARMAKOSA BY VASUBANDHU

Afflictions:

Unit 1: Chapter 8, Absorption

Unit 2: Chapter 9, Examination of Self with auto commentary of Vasubandhu

Text Book: Abhidharmakosa Auto-commentary by Vasubandhu's English Translation:

Pruden, Leo M. (1991), Abhidharmakosabhasyam, translated from the French translation by Louis de la Vallée Poussin, Asian Humanities Press, Berkeley.

Suggested Readings:

Vasubandhu; LodröSangpo (2012). *Abhidharmakosa-Bhasya of Vasubandhu: The Treasury of the Abhidharma and Its Commentary* (4 vols). Motilal Banarsidass Publishers. (Translated into English from the French translation of Louis de La Vallé Poussin, *L'Abhidharmakośa de Vasubandhu*, Institutbelge des hautes études chinoises, Bruxelles, 1971)

Yasomitra (6th c. CE), sub-commentary on the *Abhidharmakoshabhasya*, the *Sputarth-abhidharmakosa-vyakhya*. (Tibetan)

The First Dalai Lama, GyalwaGendunDrup's (1391-1474) commentary titled *Illumination of the Path to Freedom*. (Tibetan)

MikyöDorje, 8th Karmapa's (1507-1554) commentary on *Abhidharmakosa*. (Tibetan)

Chosmngon pa mdzodkyi 'grel pa mngonpa 'irgyan (Tibetan)

BTS-PG–E405 :HISTORY OF BUDDHISM IN TIBET

Unit 1: Diffusion of Buddhism in two phase (7 to 9th& 10th to 12th century)

Unit 2: Tibetan Buddhist doctrines and practices

Unit 3: History and doctrines of four schools of Tibetan Buddhism

Unit 4: Translation of Buddhist Canonical Literatures, compilation and printing of Kangyur&Tangyur.

Recommended Readings:

Introduction to Tibetan Buddhism by John Power

The Religion of Tibet by Giuseppe Tucci translated by Geoffery Samuel.

The Blue Annals by 'Gos lo tsabagzhon nu dpal translated by George N Roerich

BTS-PG–E406 : AN INTRODUCTION TO THE CENTRAL ASIAN ART: WALL PAINTINGS AND STUCCO IMAGES

The silk Route ; Murals of Miran

Survey of the Art of Yarkand, Khotan, Kizil

Kucha, Kumtura, Karashar and Turfan

Dun Huang

Recommended Readings:

Andrews, F.I: *Wall Paintings from Ancient Shrines in Central Asia*, London, 1948

Belentisky, A: *The Ancient Civilization of Central Asia*, London, 1969

Bhattacharya, C.: *Central Asian Art*, New Delhi, 1976

Bussagli, Mario: *Paintings of Central Asia*, Geneva, 1971

Ghose, Rajeshwari (ed) *kizil on the Silk Road*, Mumbai, 2008

Gray, B.: *Buddhist Paintings from Tun Huang*, London, 1959

Harbas, M. and Knobloch, E: *The Art of Central Asia*, London, 1972

Huang. Kyoto: The Rinsen Book Co., 1978

Rhie, Marrison : *Early Buddhist Art of China and Central Asia* Leiden: Brill, 2002

Rowland, B.: *The Wall Paintings of India, Central Asia and Ceylon*, Delhi, 1985

Stein, M. A.: The Thousand Buddhas: Ancient Buddhist Paintings form Cave Temples of Tun
Stein, M.A: Ruins of Desert Cathay
Talbot-Rice T.: Ancient Art of Central Asia, London.1965

**BTS-PG–E407 : BUDDHISM AND CONTEMPORARY ISSUES - PART 2
(CONTEMPORARY ISSUES)**

Unit 1. Buddhism and Education
Unit 2. Buddhism and Gender
Unit 3. Buddhism and Economics
Unit 4. Buddhism and Ecology

Suggested Readings:
(to be provided)

**BTS-PG–E408 :HISTORY OF BUDDHISM AND CULTURE OF LAHUL-SPITI,
KINNUAR AND ARUNACHAL PRADESH**

Unit I: History of Buddhism in Lahul-Spiti, Kinnaur and Arunachal Pradesh : Diffusion of Buddhism in the region
Unit II. Monasteries- their history and religious practices and study curriculums
Life and works of eminent spiritual Teachers or Lamas
Unit III: Religious Festivals and Social customary ceremonies- Birth, Marriage, last rites and New Year ceremonies.
Unit IV: Dialect, food and drink habits, dress and ornaments, Songs and Musical instruments, Agricultural Economy, handicrafts and other industries

Recommended Readings:

History of Tawang monastery by Dhanma Gyalsey Tulku (in Tibetan)
Tabo: An ancient western Himalayan repository of age- Old Indian and Tibetan Mural printing and scripts dating from the tenth to the twentieth century by Rahula. Library of Tabo monastery, 2013.
History of monasteries in Ladakh translated Sanjib Kumar Das.
Cultural History of Ladakh edited by Nawang Tsering Shakpo and Kyle Gardner
History of Buddhism in Ladakh edited by Nawang Tsering Shakpo and John Bray

BTS-PG–E409 : LIFE AND TIME OF SHAKYAMUNI BUDDHA (624-543 BC)

Unit I: Survey of the source material: indigenous (archaeological and literary) and foreign.
Unit II: India on the Eve of the Origin of Buddhism.
Unit III: Background to the origin of Buddhism: Role of iron.
Unit IV: Date of the Buddha.
Unit V: Biography of the Buddha: Mahā-Abhiniṣkramaṇa, Various legends pertaining to conception and childhood.
Unit VI: Biography of the Buddha: Mahā-Abhiniṣkramaṇa till the Mahāparinirvāṇa.

Unit VII: Origin and growth of the Saṃgha.

Suggested Reading:

Abhiniskramana sutra (English translation available)

Nidanakatha (English translation available) These two sutra are on the life of Buddha

Strong, John, S., *The Buddha: A Short Biography*, Oxford: One world, 2001.

Nakamura, H., *Indian Buddhism: A Survey with Bibliographical Notes*, reprint, Delhi: Motilal Banarsidass, 1989.

Sarao, K.T.S. and A.K. Singh (eds.), *A Text Book of the History of Theravāda Buddhism*, 2nd rev. ed., Department of Buddhist Studies, Delhi University: 2006.

Sarao, K.T.S., *Origin and Nature of Ancient Indian Buddhism*, 4th revised edition, New Delhi Munshiram Manoharlal, 2009. *Prācīna Bhāratīya Bauddha Dharma kī Utpatti, Svarūpa aur Patana* (in Hindi), Delhi University: Directorate of Hindi Medium Implementation, 2004.

Sarao, K.T.S., and Long, J.D. (eds.), *Encyclopedia of Indian Religions: Buddhism and Jainism*, 2 vols., New York: Springer, 2017.

Lamotte, É., *History of Indian Buddhism*, Louvain: Peters Pub, 1988.

Warder, A.K., *Indian Buddhism*, 4th edition, Delhi: Motilal Banarsidass, 2017.

Bapat, P.V. *2500 Years of Buddhism*, New Delhi: Government of India. *Bauddha Dharma ke 2500 Varṣa* (in Hindi), New Delhi: Government of India.

Schopen, Gregory. *Bones, Stones, and Buddhist Monks: Collected Papers on the Archaeology, Epigraphy, and Texts of Monastic Buddhism in India*, Honolulu: Hawai'i University Press, 1997.