

GENERAL FOUNDATION COURSE: UG

(to be implemented from July 2017)

Code and No	Courses	Credits	Marks
HUR-UG-F106	Eastern Himalayan Studies	4	100

EHS-UG-F106: Eastern Himalayan Studies

Unit I: Geography and Environment of the Eastern Himalayas [Sikkim, Darjeeling, Bhutan, Arunachal Pradesh]

Delineation of the Eastern Himalaya as a region
Physiography; Climate; Drainage; Biodiversity and overview of Natural Resources

Unit II: Historical background

Brief History of Sikkim and Darjeeling
Spatial relations (Trade and Religious linkages) of Sikkim with its Neighbours- Tibet, Bhutan and Nepal.

Unit III: Society, Economy and Polity

Society and Culture in Sikkim;
Economy and Livelihood in Sikkim with emphasis on Agriculture, Industry and Tourism;
Social and Political dimensions of Sikkim and Darjeeling Himalaya

Unit IV: Critical Environmental Issues

Development Bottlenecks: Potentials, Prospects and Implications with special reference to Hydro-resources, Communication and Industrial Development.
Climate Change, Natural Hazards and Disaster Management, Degradation of Bio-Resources

Essential Readings:

1. Bose, S.C (1968). *Land and people of the Himalaya*. Indian Publications, Calcutta.
2. Karan, P.P and Jenkins, W.M (1963). *The Himalayan Kingdoms*. Princeton
3. Risley, H.H., *The Gazetteer of Sikkim*(1989), B.R. Publishing Corporation
4. Rustumji, N (1971). *Enchanted Frontiers: Sikkim, Bhutan and India's North-Eastern Borderland*. Bombay: Oxford University Press.
5. Sarkar, RL and Mahendra P Lama (ed.1986). *The Eastern Himalayas: Environment and Economy*, Atma Ram, New Delhi.
6. Waddell, L.A (1979). *Among the Himalayas*. New Delhi: Mittal Publication

Suggested Readings and Documentaries

1. *Bulletin of Tibetology*, Namgyal Institute of Tibetology
2. Denjongpa, Anna Balikci and Mckay, Alex (2011), *Buddhist Himalaya: studies in Religion, History and Culture, Volume II: The Sikkim Papers*

3. *Grazing on the Border: the Yak Herders of North Sikkim*, (2017) ,Namgyal Institute of Tibetology
4. Mullard, S.(2009) *Opening of the Hidden, Land: State Formation and Construction of Sikkimese History*, University of Oxford
5. *Pang Lhabsol: Sikkim's national Ritual of the Land and its Guardian Deities*, (2015), Namgyal Institute of Tibetology
6. Satyajit(1971), *Sikkim*
7. *Tingvong: A Lepcha Village*, (2005), Namgyal Institute of Tibetology